

Are you **a parent**
with cancer?

FACING CANCER
Together

Education and Support

Parenting Through Cancer

Saturday, February 3, 10 a.m. - 12:30 p.m.
and/or Tuesday, February 6, 5:30 - 7:30 p.m.

Angel Foundation Office
1155 Centre Pointe Drive, Suite 7, Mendota Heights

Come for a brief, yet inspiring opportunity for the whole family to learn more about what it means to be a parent with cancer and a child whose parent has cancer. We split into groups, interact, connect and share with families experiencing the same challenges! Light snacks provided.

Mind | Body | Wellness

Caregiver Support Group

Monday, January 15, 5:30 - 7:30 p.m.

Common Roots Cafe
2558 Lyndale Avenue South, Minneapolis

Are you a parent whose partner has cancer? Presented in partnership with Jack's Caregiver Coalition, this program is designed for people currently serving as both a parent and caregiver in the household. This gathering is casual—nothing preconceived, no agenda—just time to share. Beverages and appetizers provided.

Winter Retreat

Saturday, February 24, 10 a.m. - 2:30 p.m.

Gloria Dei Lutheran Church
700 Snelling Avenue South, St. Paul

For families who have a parent with cancer, this day-long wellness retreat allows everyone the opportunity to explore and experience a variety of integrative therapies. Lunch provided.

Teen Mentor Application Due Date

March 1

Are you 15 or older? Have you attended Camp Angel as a teen camper at least once? Do you want to give back and work with younger kids at camp? Email Meghan to receive more details and an application for our Teen Mentor Program.

Save the Date for Camp Angel 2018!

June 22-24 & August 16-18

Ready to Take the Leap and Learn How to Parent Through Cancer?

Program Director, Melissa Turgeon, is available for phone consults Monday-Friday. Appointments are available to help you learn more about being a parent with cancer to children ages 0-26.

You have questions: we can help you find the answers.

PROGRAMS

WINTER 2017

Social Gatherings

Parenting Through Cancer Meet-up

Sunday, January 28, 1 - 3 p.m.

Angel Foundation Office
1155 Centre Pointe Drive, Suite 7, Mendota Heights

Join us for a different kind of social experience with no pressure or stigma, and best of all, no sitting around a circle. Bring the whole family!

Kids Night Out

Thursday, December 7, 5 - 6:30 p.m.

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1155 Centre Pointe Drive, Suite 7, Mendota Heights

Drop off the kids (5-18) at Angel Foundation and we'll facilitate a fun and therapeutic art project (and serve them dinner). Parents, take the night off — you'll receive a gift card for dinner on us! Limited space: register soon!

Teen Outreach | Interact

Movie Night

Friday, December 15, 6 - 8:30 pm

Angel Foundation
1155 Centre Pointe Drive, Suite 7, Mendota Heights

Join us for a relaxing evening with pizza, hot chocolate and a movie!

Escape Room

Friday, January 12, 6 - 8 p.m.

Escape MSP
701 Decatur Ave, Suite 102, Minneapolis

Collect evidence, solve the puzzle and escape the room before you're caught!

Limited space
for Escape
Room! Register
today!

Whirly Ball

Thursday, February 15, 6 - 8 p.m.

Whirly Ball Twin Cities
13644 80th Circle North, Maple Grove

Come play basketball, hockey, lacrosse and drive bumper cars all at once!

Programs provided at no charge.

To register for these programs, please contact Meghan Ronayne at
mronayne@mangel.org or (612) 627-9000 ext. 503.

1155 Centre Pointe Drive, Suite 7 | Mendota Heights, MN 55120 | (612) 627-9000 | mangel.org

Help when cancer strikes

angel
foundation