

# FACING CANCER *together*

Are you **a parent**  
with cancer?

## PROGRAMS

Our programs are free to join, but registration is required.

FALL 2019

### SEPTEMBER

**THURSDAY**  
**5** **KID'S NIGHT IN/  
PARENT'S NIGHT OUT**  
**5:30 - 7:30 p.m.**

- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Drop the kids off (4-18) who will get to create art, play games, do activities and eat dinner
- Parents will go to a nearby restaurant for dinner, socializing and discussing similarities between families
- Kids will participate in fun, therapeutic and educational activities
- Program fills quickly—register soon!

**TUES. & THURS.**  
**17 & 19** **MAKING MEMORIES  
PHOTOSHOOTS**  
**5:30 - 7:00 p.m.**

- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Individual family time with a professional photographer to capture beautiful moments with your family
- Light snacks provided
- Free

These programs are offered  
at *any* point after diagnosis,  
whether in treatment or not.

To register, please contact  
Emily Rezac at  
[erezac@mngel.org](mailto:erezac@mngel.org)  
or (612) 627-9000 ext 507.

**angel**  
foundation  
[mngel.org](http://mngel.org)

### OCTOBER

**THURSDAY**  
**3** **KID'S NIGHT IN/  
PARENT'S NIGHT OUT**  
**5:30 - 7:30 p.m.**

- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Drop the kids off (4-18) who will get to create art, play games, do activities and eat dinner
- Parents will go to a nearby restaurant for dinner, socializing and discussing similarities between families
- Kids will participate in fun, therapeutic and educational activities
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**TUESDAY**  
**8** **CAREGIVER KLATCH**  
**5:30 - 7:30 p.m.**

- Common Roots Café (2558 Lyndale Avenue South, Minneapolis)
- Presented in partnership with Jack's Caregiver Coalition, this program is designed for people currently serving a caregiver capacity to someone who has cancer
- Beverages and appetizers will be provided

**SUNDAY**  
**13** **TEEN OUTREACH -  
SEVERS CORN MAZE**  
**2:00 - 4:00 p.m.**

- 1100 Canterbury Rd S, Shakopee
- Calling all teens, ages 13-18! Join us for fall activities at Severs Corn Maze
- Wear your Fall and flannel apparel

**FRIDAY**  
**18** **IT'S FALL, YA'LL**  
**6:00 - 8:00 p.m.**

- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Drop the kids off (4-18) who will participate in an evening of fun Fall activities, festive music, dance and karaoke
- Camp reunion—come see other kids you met at Camp Angel 2019!
- We will be serving snacks and apple cider
- Parents, Grandparents and Caregivers—enjoy the evening on your own
- Wear Halloween and Fall apparel

### NOVEMBER



**THURSDAY**  
**7** **KID'S NIGHT IN/  
PARENT'S NIGHT OUT**  
**5:30 - 7:30 p.m.**

- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Drop the kids off (4-18) who will get to create art, play games, do activities and eat dinner
- Parents will go to a nearby restaurant for dinner, socializing and discussing similarities between families
- Kids will participate in fun, therapeutic and educational activities
- Program fills quickly—register soon!

**MONDAY**  
**11** **TEEN + PARENT  
YOGA**  
**5:30 - 7:30 p.m.**

- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Teens bring your parent, grandparent or loved one for an hour of meditation, yoga and deep breathing
- Snacks will be provided
- No previous yoga experience required
- Taught by a certified yoga instructor

**SUNDAY**  
**17** **PRETEEN OUTREACH -  
LOCK AND KEY  
ESCAPE ROOM**  
**5:15 - 6:45 p.m.**

- Lock & Key Escape Room (4020 Minnehaha Ave., Minneapolis)
- Collect evidence, solve the puzzle and escape the room before you're caught
- This program only allows for 10 preteens to register—do so quickly before it fills up!
- We will enter the escape room promptly at 5:30 p.m.