



Camp Angel in a Box 2021

August 16th-August 20th

Angel Foundation

Children and Family Services – Facing Cancer Together Program

	MONDAY AUGUST 16	TUESDAY AUGUST 17	WEDNESDAY AUGUST 18	THURSDAY AUGUST 19	FRIDAY AUGUST 20
9:00am	Zoom Call: All Camper Introduction	Zoom Call: Mindful Movement (All Ages)	Zoom Call: Share your Cancer Story	Zoom Call: Mindful Movement (All Ages)	Zoom Call: Coping with Cancer (All Ages)
9:30am					
10:00am	Activity #1	Activity #3	Zoom Call: Coping with Cancer (All Ages)	Activity #6	Activity #8
10:30am	GO FOR A WALK!			Zoom Call: Cancer Q&A with a Child Life Specialist	OUTDOOR TIME!
11:00am	Zoom Call: Guided Meditation (All Ages)	CHALK CREATIONS!	Zoom Call: Children’s Yoga Session	Zoom Call: Children’s Yoga Session	Activity #9
11:30am		Zoom Call: Medical Play – Preteens		CHALK CREATIONS!	
12:00pm	LUNCH: Consider a peanut/tree- nut free lunch just like we do at Camp Angel	LUNCH: Consider a peanut/tree- nut free lunch just like we do at Camp Angel	LUNCH: Consider a peanut/tree- nut free lunch just like we do at Camp Angel	LUNCH: Consider a peanut/tree- nut free lunch just like we do at Camp Angel	LUNCH: Consider a peanut/tree- nut free lunch just like we do at Camp Angel
12:30pm					
1:00pm	Zoom Call: Medical Play - Children	Activity #4	Zoom Call: Preteen Yoga Session	Zoom Call: Preteen Yoga Session	Activity #10
1:30pm			Zoom Call: Medical Play – Teens	GO FOR A WALK!	
2:00pm	Activity #2	Zoom Call: Show & Tell (All Ages)	Zoom Call: Teen Yoga Session	Zoom Call: Teen Yoga Session	Zoom Call: Art Expression (All Ages)
2:30pm					
3:00pm	Zoom Call: Talent Show (All Ages)		Activity #5	Activity #7	Zoom Call: Conclusion Call EVERYONE!
3:30pm		OUTDOOR TIME!			
4:00pm	Zoom Call: Art Expression (All Ages)		Zoom Call: Art Expression (All Ages)		
4:30pm					
7:00pm				Zoom Call: Parent/Adult Support Group	Waterpark Night at St. Louis Park Aquatic Center

Additional Activities (In Green): Chalk Creations, Walking, Outdoor Time, etc. are all great ways to get outside and enjoy the sunshine!