

FACING CANCER

together

Adult and Family **PROGRAMS** FALL 2021

OUR PROGRAMS ARE FREE TO JOIN, BUT REGISTRATION IS REQUIRED.

Angel Foundation follows CDC guidelines for all of our programming. As such, in-person activities may need to be altered or canceled to ensure participant safety.

SEPTEMBER

TUES/THUR
14&16
**MAKING
MEMORIES
PHOTO
SHOOTS**

5:15 – 6:45 p.m.

Angel Foundation Office
(1155 Centre Pointe Drive,
Suite 7, Mendota Heights)

- Short individual family time with a professional photographer to capture beautiful moments with your family
- Light snacks provided
- Free

THURSDAY
23
**GROUP YOGA
SESSION**

6:00 – 7:00 p.m.

Angel Foundation Office
(1155 Centre Pointe Drive,
Suite 7, Mendota Heights)

- Join us for an hour of relaxation. Yoga will be led by a Certified Yoga Instructor in our parking lot. No previous experience is required
- You can come on your own or bring the whole family!

OCTOBER

SATURDAY
9
**TEEN
OUTREACH—
SEVERS
CORN MAZE**

1:00 – 4:00 p.m.

1100 Canterbury Rd. S,
Shakopee

- Calling all Teens, ages 13–18! Join us for fall activities at Severs Corn Maze
- Wear your Fall and flannel apparel

THURSDAY
28
**IT'S FALL
Y'ALL**

6:00 – 8:00 p.m.

Angel Foundation Office
(1155 Centre Pointe Drive,
Suite 7, Mendota Heights)

- Drop the kids off (4–18) who will participate in an evening of fun Fall activities
- Camp reunion—come see other kids you met at Camp Angel 2021!

NOVEMBER

THURSDAY
4
**GROUP YOGA
SESSION**

6:00 – 7:00 p.m.

Angel Foundation Office
(1155 Centre Pointe Drive,
Suite 7, Mendota Heights)

- Join us for an hour of relaxation. Yoga will be led by a Certified Yoga Instructor in our office. Space is limited, first come first serve.
- No previous experience is required
- You can come on your own or bring the whole family!

THURSDAY
18
**THANKFUL
THURSDAY**

6:00 – 8:00 p.m.

Angel Foundation Office
(1155 Centre Pointe Drive,
Suite 7, Mendota Heights)

- Join us for an evening of activities to express gratitude and bond with other families impacted by cancer. The entire family is encouraged to join!

DECEMBER

FRIDAY
3
**TEEN
OUTREACH—
MOVIE NIGHT**

6:00 – 9:00 p.m.

Angel Foundation Office
(1155 Centre Pointe Drive,
Suite 7, Mendota Heights)

- Come hang, watch movies, and eat dinner!
- For teens ages 13–18

THURSDAY
16
**WINTER
WONDERLAND**

6:00 – 8:00 p.m.

Angel Foundation Office
(1155 Centre Pointe Drive,
Suite 7, Mendota Heights)

- Drop the kids off (4–18) who will participate in an evening of fun winter activities!

These programs are offered at *any* point after diagnosis, whether in treatment or not.

To register, please contact Alli Midwinter
at amidwinter@mnangel.org or 612-627-9000 ext 509.

1155 Centre Pointe Drive, Suite 7 | Mendota Heights, MN 55120

angel
foundation
mnangel.org