PROGRAMS

DECEMBER

**THURSDAY 5**
**KID’S NIGHT IN / ADULT’S NIGHT OUT**
5:30 – 7:30 p.m.
- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Drop the kids off (4 – 18) who create art, play games, participate in educational and therapeutic activities and eat dinner
- Adults will go to a nearby restaurant for dinner and socializing
- Program fills quickly— register soon!
- Special guest: Gail Horner, Yoga instructor from Camp Angel

**TUESDAY 10**
**GRANDPARENT & ME PROGRAM: BLUEBIRD HOUSE CREATION**
5:30 – 7:30 p.m.
- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- In partnership with Rudolph’s Bluebird Houses— Each grandparent and child group will receive the pieces and tools needed to assemble their very own bluebird house
- Assemble and decorate your bluebird house with other families experiencing a cancer diagnosis
- You can bring a parent or grandparent diagnosed with cancer

**THURSDAY 19**
**HOLIDAY SING-ALONG**
6:00 – 8:00 p.m.
- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Join us for an evening of Holiday music, hot cocoa and decorating cookies
- Wear your most festive holiday outfits and be prepared for fun!

**MONDAY 30**
**FAMILY ICE SKATING**
12:00 – 2:00 p.m.
- Saint Louis Park Recreation Center (3700 Monterey Drive, St. Louis Park)
- Join us for an afternoon of skating— fun for the whole family!
- Light snacks will be provided

JANUARY

**THURSDAY 9**
**KID’S NIGHT IN / ADULT’S NIGHT OUT**
5:30 – 7:30 p.m.
- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Drop the kids off (4 – 18) who will create art, play games, participate in educational and therapeutic activities and eat dinner
- Adults will go to a nearby restaurant for dinner and socializing
- Program fills quickly— register soon!

**MONDAY 20**
**COCK-A-DOODLE TRAVELING ZOO**
5:30 – 7:00 p.m.
- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Cock-A-Doodle Zoo will bring their animals to the public with a fun and unique approach
- Spend time with other kids going through a similar situation and reduce your stress by petting cute creatures!
- Program is for children 4–18 years old— Adults enjoy a child-free night!

**WEDNESDAY 22**
**TEEN OUTREACH – TAKE AND BAKE**
6:00 – 8:00 p.m.
- Mid-America Marketing, Inc. (9675 Hamilton Road, Suite 400, Eden Prairie)
- Come hungry and ready to learn the basics of baking
- Limited space— register soon!

**FEBRUARY**

**SUNDAY 2**
**PRETEEN OUTREACH – BUCK HILL SNOW TUBING**
7:00 – 8:30 p.m.
- Attention preteens! Join us for an evening of snow tubing
- Meet us at the entrance of Buck Hill (15400 Buck Hill Road, Burnsville)
- Dress warm and be ready for fun
- Snacks will be provided

**THURSDAY 6**
**KID’S NIGHT IN / ADULT’S NIGHT OUT:**
5:30 – 7:30 p.m.
- Angel Foundation Office (1155 Centre Pointe Drive, Suite 7, Mendota Heights)
- Drop the kids off (4 – 18) who will create art, play games, participate in educational and therapeutic activities and eat dinner
- Adults will go to a nearby restaurant for dinner and socializing
- Program fills quickly— register soon!

**MONDAYS 3 – 24**
**TEEN ART EXPRESSION – COOKING CLASSES**
6:00 – 8:00 p.m. All sessions
- Held at Way to Cool Cooking School (16544 W 78th St, Eden Prairie)
- Art expression is for teens 13 – 18 year old— you won’t want to miss this!
- Teens will express themselves through cooking
- Teens will create a variety of meals and learn the basics of cooking
- Series has limited space— RSVP to reserve your spot before it is filled
- You must be able to attend all 4 sessions in order to register

mnangel.org
To register, please contact Emily Rezac at erezac@mnangel.org or (612) 627-9000 ext 507.

These programs are offered at any point after diagnosis, whether in treatment or not.